## PREVENTION

## IS BETTER THAN CURE



Platinum Health is distributing 62 000 masks to its members to curb the spread of COVID-19. The use of masks as an additional preventative measure against COVID-19 has been recommended for public use by the National Department of Health.

Please follow the recommended rules of usage of masks:

- Mask should cover your nose and mouth entirely.
- Do not lower the mask when talking, coughing or sneezing.
- Wash (cloth) mask with soap and water and iron when dry.

## Platinum Health handing out masks at Siyanda Bakgatla Platinum Mine

