

# Celebrating our phenomenal PH women!

As we celebrate Women's Month, we focus on a few of our remarkable Platinum Health women. Let's take a look...



## Goitseona Mathibe Clinical Psychologist

Early on in her life, Goitseona Mathibe's idea of advocating for women was that one needed to be on the streets to make compelling speeches about important issues. As she grew as a woman, she realised that advocating can be quiet, small, and consistent actions are what alters people's wellbeing.

Her journey started as a young girl who always wanted to uplift others. This would later begin a trajectory of silent subtle advocating for women and young ladies as at the age of 16, she became the Chairperson of the Rotary Interact Club at the Holy Secondary School in Mogwase. The club's aim was to bring young people together to develop leadership skills while discovering the power of serving others above oneself. This sparked a light in her to want to do more for others, however little the impact was. Today, she mentors community members, and she shares her knowledge at local radio stations to reach a wider audience.

"My life of advocacy prepared me for the career I chose because counselling is a tool that helps empower and liberate women. I learned how to stand up for myself and in doing so, started empowering other women to do the same for themselves."



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## **Lebakang Charmaine Paledi**

### **Administration Assistant**

As a young woman Lebakang Charmaine Paledi grew up knowing that only men should be in leadership, but as she matured, she realised how strong women are and she wanted to give women a platform to do what they can do best.

She started advocating for gender equality early on in her life, as she formed a church committee in Jane Furse, which empowered women to deliver sermons. As a widowed mother she cared for and protected her children. She's firm in teaching her children to face the world with the right attitude, she empowers them with leadership skills and teaches them the importance of taking responsibility.

Wanting to do more, she formed a book club for girls where they can write about the challenges they face. This provided them the opportunity to make their voices heard and offered her the opportunity to guide them on how to overcome it.

"I believe that every day is women's day looking at what we as women go through to make the world a better place."



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## **Charmaine Olivier** Claims Officer

Charmaine Olivier is a resilient woman who has overcome many challenges in her life such as depression and sick sinus syndrome. Throughout her journey she has become stronger, because she hasn't let any setbacks deter her from reaching her goals. To overcome depression she started running, and to date she's completed two Two Oceans Half Marathons, numerous 10km races, 72 5km Parkruns and her next goal is her 100th Parkrun.

With a passion for teaching new skills to women, she taught kitchen staff at Bleskop Hospital some of her cooking skills, and even arranged a cake icing demonstration for them. She's been a dedicated member of the Women's Agricultural Organisation for over 30 years, with the main goal of uplifting women.

She also serves as Chairperson of Kashane evening branch, where they dedicate time to teach young children new skills and encourage young women to participate. A motivational speaker and a demonstration are arranged on a monthly basis to teach members new skills.

"My motto in life is to live each day to the fullest, a setback is simply an opportunity to do better the next day. If you dream it, you can achieve it – never give up. Teach other women your skills so they can stand up for themselves. Even when you think your situation is the worst, there is always a way to improve it. Don't wait for someone else to rescue you, stand on your own two feet and rescue yourself."



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