Platinum -Health Page

Can a child dependant remain on Platinum Health upon reaching the age of 21?

If you have a child dependent who is turning 21, but your child is still studying, you have to notify the scheme and provide proof of study too.

Click here

To learn more about what you need to do so that your child can remain on the scheme as a dependant.



If a principal member passes away What dependants need to do to continue membership

Active dependants of a deceased member are entitled to remain members of Platinum Health. It is important to note that dependants need to apply with Platinum Health to continue membership within 30 days of the deceased member's death.

Click here

To learn more about the process to follow, and who to call for assistance.



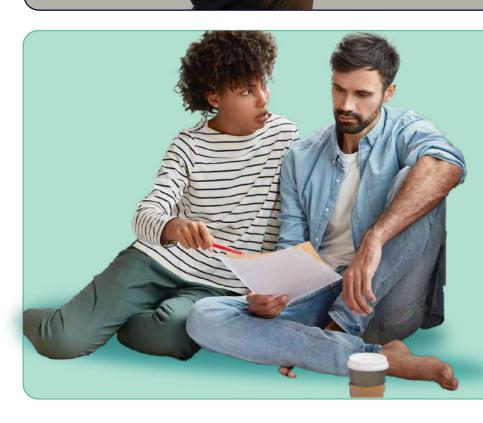


June is Men's Health Month

June is Men's Health Month in South Africa, an important time to draw attention to men's health and how to make small changes to live a healthier lifestyle.

> For everyday health tips men should know to improve their health.

Click here



Remember to register your spouse as a dependant

If you recently got married, whether through a civil or customary marriage, it is important to remember to register your spouse with us to ensure that your spouse enjoys the full benefits he/she deserves.

For more information.

Click here



Signs and symptoms of addictions

Addiction can affect a person in several ways, leaving "clues" or signs that an issue may exist. These signs may appear in the form of engaging in certain behaviours, some are physical signs or symptoms, and others are present in one's emotional or mental states.

Click here

To find out more about the signs and symptoms of addictions, and who you can turn to for help.



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