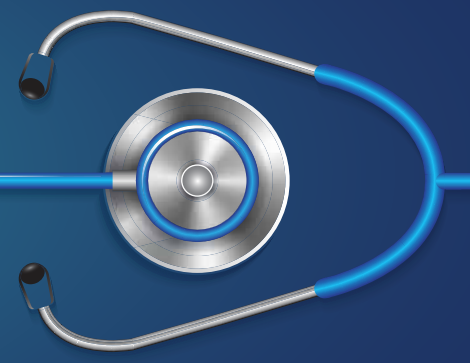


Platinum Health Page



Client and Supplier Liaison Call Centre at YOUR SERVICE

The Client and Supplier Liaison Call Centre serves as the primary point of contact between Platinum Health (PH), its members and suppliers, ensuring all member and supplier inquiries, concerns, and requests are attended to promptly and effectively.



[Click here](#)

To find out what this Call Centre can help you with

HYPERTENSION

Every time your heart beats, it creates pressure that pushes blood through your veins and arteries. When that pressure is too high for a long time, it can cause health problems, such as heart disease, heart attack, or stroke.



To learn more about the signs and symptoms of Hypertension and what you can do to control it

[Click here](#)

Bipolar Disorder



[Click here](#)

To learn more about the signs and symptoms of Bipolar Disorder and who you can contact for help

The extreme highs and lows of bipolar disorder can damage your relationship and disrupt your daily life, but you're not powerless. With treatment, support and good coping skills, you can manage your disorder and keep symptoms in check.

National Burns Awareness Week 13 - 17 May 2024



Burn injuries happen in seconds but can change a person's life forever. It is one of the most common and devastating forms of trauma and has the potential to cause death, lifelong scarring, disfigurement and dysfunction - often resulting in prolonged hospitalisation, psychological trauma, stigma and rejection. The majority of burns occur in and around the home.

[Click here](#)

To view safety tips to make your home safe from potential burn hazards as well as first aid for burns

World Hand Hygiene Day 5 May 2024



[Click here](#)

To learn more about the importance of hand hygiene, how to thoroughly wash your hands and key times to do so

Why is sharing knowledge about hand hygiene still so important? Because it helps stop the spread of harmful germs. "Germs" refers to the microscopic bacteria, viruses, fungi, and parasites that can cause disease. They can be found everywhere - on surfaces, in the air, in the soil.

DID YOU KNOW



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PLATINUM HEALTH