

COVID-19: THUMA MINA

Play your part



PLATINUM
HEALTH

COVID-19: THUMA MINA

*"I wanna be there when the people start to turn it around, when they triumph over poverty.
I wanna be there when the people win the battle against AIDS.
I wanna be there when the people win the battle against COVID-19
I wanna lend a hand
Send me."*

*Inspirational words from "Thuma Mina" by Hugh Masekela,
as quoted by Mr Cyril Ramaphosa in his State of the Nation Address*

HOW CAN I PLAY MY PART, MY "THUMA MINA"? BE SAFE!

- Adhere to all national calls as per the Disaster Management Act, 2002.
- Adhere to all hygiene precautions as communicated from time to time.
- As the whole South African Healthcare System is under pressure, please follow ALL guidelines and procedures as requested at ALL Platinum Health Medical Scheme (PHMS) facilities and Clinics.
- This will include Triage procedures, temperature monitors, wearing protective gear, disinfections and actions to limit the risk of infections to other people visiting facilities.
- Avoid exposure by only visiting PHMS facilities in urgent cases.
- Avoid visiting facilities in families or groups to limit the risk of potential infections.
- Get chronic medicine in advance or have it delivered to home addresses.

