YOUR OPTOMETRY BENEFITS How do they work?



As a member of Platinum Health, you enjoy specific optometry benefits according to your scheme option.

Optometry benefits for PlatComprehensive, PlatCap and PlatFreedom members stretch over a two-year period, calculated from the last date of receiving either your glasses or contact lenses.

For example: If you received spectacles or contact lenses in June 2023, you will only qualify for new spectacles/contact lenses in June 2025. You will only be able to submit further claims when your two-year period has lapsed.



PlatComprehensive Option

Service	% Benefits	Annual Limits	Conditions/Remarks
Eye examination, frames, lenses, contact lenses and disposable contact lenses	100% of Scheme tariff	Combined two-year benefit limit of R3,018 per beneficiary	 Members located within a 50km radius of DSPs are obliged to utilise such DSPs, subject to clinical protocol approval and regulation 8(3). Members located between 50 - 200km radius of Scheme DSPs may utilise any provider and will be covered 100% of Scheme tariff, subject to clinical protocol approval and regulation 8(3). Members located further than 200km radius from DSPs shall be deemed to have obtained services involuntary in which case the Scheme will cover 100% of Scheme tariff, subject to clinical protocol approval and regulation 8(3). Limited to one set of spectacles or range of contact lenses per beneficiary, every 2 years from anniversary of claiming per beneficiary, up to benefit limit.
Correction of vision surgery	100% of Scheme tariff	Unlimited	 Subject to referral, authorisation, Scheme DSP utilisation, clinical protocol approval and regulation 8(3). The benefit excludes excimer laser treatment.
Screening for vision affecting chronic diseases	100% of Scheme tariff	One screening consultation per beneficiary per annum	 Members located within a 50km radius of DSPs are obliged to utilise such DSPs, subject to clinical protocol approval and regulation 8(3). Members located between 50 - 200km radius of Scheme DSPs may utilise any provider and will be covered 100% of Scheme tariff, subject to clinical protocol approval and regulation 8(3). Members located further than 200km radius from DSPs shall be deemed to have obtained services involuntary in which case the Scheme will cover 100% of Scheme tariff, subject to clinical protocol approval and regulation 8(3).





PlatCap Option

Service	% Benefits	Annual Limits	Conditions/Remarks
Optometry	100% of Scheme tariff	Combined two-year benefit limit of R1,511. One set of spectacles per beneficiary.	 Two-year benefit from anniversary of claiming per beneficiary. Subject to Scheme DSP utilisation.
Examination			 One optometric consultation per beneficiary. Subject to Scheme DSP utilisation.
Frames			 Range of Scheme approved frames every 24 months. One set of frames per beneficiary.
Lenses			 Single vision lens. Subject to Scheme DSP utilisation.
Contact lenses		No benefit.	
Screening for vision affecting chronic diseases	100% of Scheme tariff	One screening consultation per annum per beneficiary.	 Subject to Scheme DSP utilisation and clinical protocol approval.

PlatFreedom Option

Benefit Category	Rate	Limit each year	Authorisation
Eye examination		One (1) examination per beneficiary each year	
Lenses	100% of the lower of cost or SAOA rate	One (1) examination per beneficiary each year, clinically essential lenses every two years from anniversary of claiming per beneficiary and one frame per beneficiary subject to combined limit of R3 820 per beneficiary	No benefit for lens add-ons
Frames			
Contact lenses		R3 820 per beneficiary every two years (from claiming per beneficiary) instead of spectacle lenses above	
Readers		Limited to and included in the frames/lenses limit above, if obtained from a registered practice.	
Refractive eye surgery	80% of the lower of cost or SAOA rate	R23 119 per member family	Authorisation required
Screening for vision affecting chronic diseases	100% of the lower of cost or SAOA rate	One screening consultation per beneficiary per annum	



Who to utilise for Optometry services

Members on the PlatComprehensive and PlatCap Options are obliged to utilise designated service provider (DSP) Optometrists.

Members on the PlatFreedom Option may utilise their Optometrist of Choice.

Platinum Health has established a designated servicer provider (DSP) network of Optometrists. Some of the DSP Optometrists are available at the following Platinum Health owned medical facilities:

RUSTENBURG REGION		
Platinum Health Medical Centre in Rustenburg	Corner of Beyers Naude Avenue and Heystek Street, Rustenburg	014 590 1700 or 080 000 6942
Platinum Health Medical Centre in Brits	Madibeng Mall, Shop No 47, Crocodile Street, Corner of Hendrik Verwoerd Drive, Brits	012 133 0170

BUSHVELD REGION

Amandelbult Hospital	1 Hospital Street, Tumela Mine, Chromite	087 463 0084
Thabazimbi Medical Centre	9 Watsonia Street, Thabazimbi	014 133 0117
Union Hospital	Hospital Street, Swartklip	010 133 1744
Setaria Clinic	33 Merensky Street, Setaria Village	014 784 3214

EASTERN LIMB REGION			
Platinum Health Medical Centre in Burgersfort	Tubatse Crossing Mall, Shop No UG04, Burgersfort	087 463 0406	
Platinum Health Medical Centre in Jane Furse	Shop 12, JPI Business Centre, Stand no 2008, Vergelegen C Section, Jane Furse Village, Sekwati	087 463 0851	

In other instances, and to accommodate PlatComprehensive and PlatCap members who are not located within 50km of Platinum Health owned medical facilities, we established a network of DSP Optometrists. To find a DSP Optometrist closest to you, visit the Platinum Health website (www.platinumhealth.co.za) and utilise the DSP search tool available on the Homepage.

If you need more information, kindly contact the Client Liaison Call Centre on 014 590 1700 or 080 000 6942, email: phclientliaison@platinumhealth.co.za

