

# LET'S TALK ABOUT VACCINES!



## Why should I be vaccinated?

Vaccines protect you, your family and your community from diseases and saves lives.

## What happens if you don't get vaccinated?

If you are not vaccinated, you are not protected.

## Which vaccines should I get?

There are different vaccines for the different

stages of your life. The table below shows the vaccines included in Platinum Health benefits. If you have any questions or need guidance, please talk to your healthcare provider.

## Where can I get vaccinated?

At any of our medical facilities.

## Who can I talk to if I need more information?

Talk to your healthcare provider or pharmacist.

## Vaccines for adults and children

Name of vaccine	What does it protect?	Who needs it
Human papillomavirus (HPV)	Protects you from HPV related cancers and diseases.	9 years old and onwards
Influenza (flu)	Protects you from severe flu illness.	Babies, children and adults from 6 months of age.
BCG	Protects against Tuberculosis (TB) meningitis and miliary TB in Children <2 years	Newborns
OPV	Protects against polio	Newborns and babies up to six weeks
RV	Protects against gastro-enteritis caused by Rotavirus	Babies from 6 to 24 weeks of age
PCV 13 and PPV23	Protects against meningitis, septicemia, pneumonia and otitis media caused by Pneumococcal infections	Babies and children between 6 weeks and 15 months Adults with high-risk conditions
Hexavalent (DTaP-IPV-Hib-HBV)	Protects against Diptheria, Tetanus, Acellular Pertussis, Polio, Haemophilus Influenza Type B, and Hepatitis B	Babies and Children between 6 weeks and 5 years old
Measles	Protects against measles	Babies and children 6 to 18 months
MMR	Protects against measles, mumps and rubella	9 months to 6 years old
Tdap	Booster protecting against Tetanus, diphtheria and pertussis (whooping cough).  Protects against pertussis in early infancy following immunisation of mother during pregnancy	Children 6 years and older  Pregnant mothers with each pregnancy.
DTaP-IPV	Protects against Tetanus, Diptheria, Pertussis and Polio – not a primary vaccine	Children 12 years and older