COVID-19 VACCINE





Who should get the COVID-19 vaccine?

- a. The vaccine may not be given to children under the age of 18.
- b. Platinum Health recommends that all beneficiaries older than 18 years get the vaccine.
- c. Platinum Health strongly recommends that high risk individuals should get the vaccine.

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These include:

- All patients with comorbidities such as HIV, Hypertension, Diabetes type 1 & 2, Tuberculosis (TB), Asthma, etc.
- Beneficiaries older than 60 years.
- Individuals that are obese (overweight).

Why should I get the vaccine?

- a. It reduces the risk of getting COVID-19, although it does not eliminate the risk completely. Therefore, when in public, members who have been vaccinated must still comply with prevention measures such as:
 - wearing masks
 - washing hands and sanitising regularly
 - social distancing, and
 - avoiding social gatherings.
- b. The vaccine is effective in ensuring patients that may become COVID-19 infected do not develop severe symptoms.
- c. The vaccine has proven successful in preventing hospitalisation or severe disease of any individuals that become COVID-19 infected.

Who will pay for the vaccines?

Platinum Health will pay the full cost of vaccinations. It is expected to cost between R30-40 million.

Side effects of the vaccine?

- a. Some people getting the vaccine may develop side effects.
- b. Common side effects are redness of skin, muscle pains, headaches, fatigue (tiredness) and fever.
- c. Side effects usually last 1-2 days.
- d. Whilst side effects may be uncomfortable, it is actually, a sign that the immune system is responding to the vaccine.