COMORBIDITIES INCREASE RISK OF SERIOUS COVID-19 ILLNESS

PLATINUM HEALTH

COVID-19 is not going away but there are still other comorbidities that are life threatening if not well controlled.

If you are suffering from any of the following conditions, you should take special care of yourself by maintaining a healthy diet, routine exercise or physical activity where possible and taking medication as prescribed; or going for treatment where necessary:

- Hypertension (blood pressure)
- Diabetes
- Cancer
- HIV
- Tuberculosis (TB)
- Asthma
- Chronic liver or kidney disease

Please talk to a Platinum Health medical practitioner if you are concerned about your health.