

# DIABETES remains leading comorbidity



PLATINUM  
HEALTH

For every **100** people who have died from COVID-19, **52** people suffered from diabetes.

These shocking numbers came from a recent analysis done by the Western Cape Health Department, indicating that people with diabetes are at severe risk if infected with COVID-19. It is therefore vitally important that members with diabetes take every precaution to protect themselves.

If you display some of the symptoms listed below, it is best to get tested as soon as possible at your closest Platinum Health facility, to ensure that you receive appropriate care.

Signs and symptoms of diabetes:

- Frequent urination.
- Increased thirst.
- Feeling tired.
- Feeling hungry.
- Vision problems.
- Slow wound healing.
- Vision problems.
- Yeast infections.
- Unexplained weight loss.
- Numb or tingling feeling in hands and feet.

If you have already been diagnosed with diabetes and receive treatment, please make sure you take your medication daily as prescribed.

*Keeping members informed  
because we care*

