

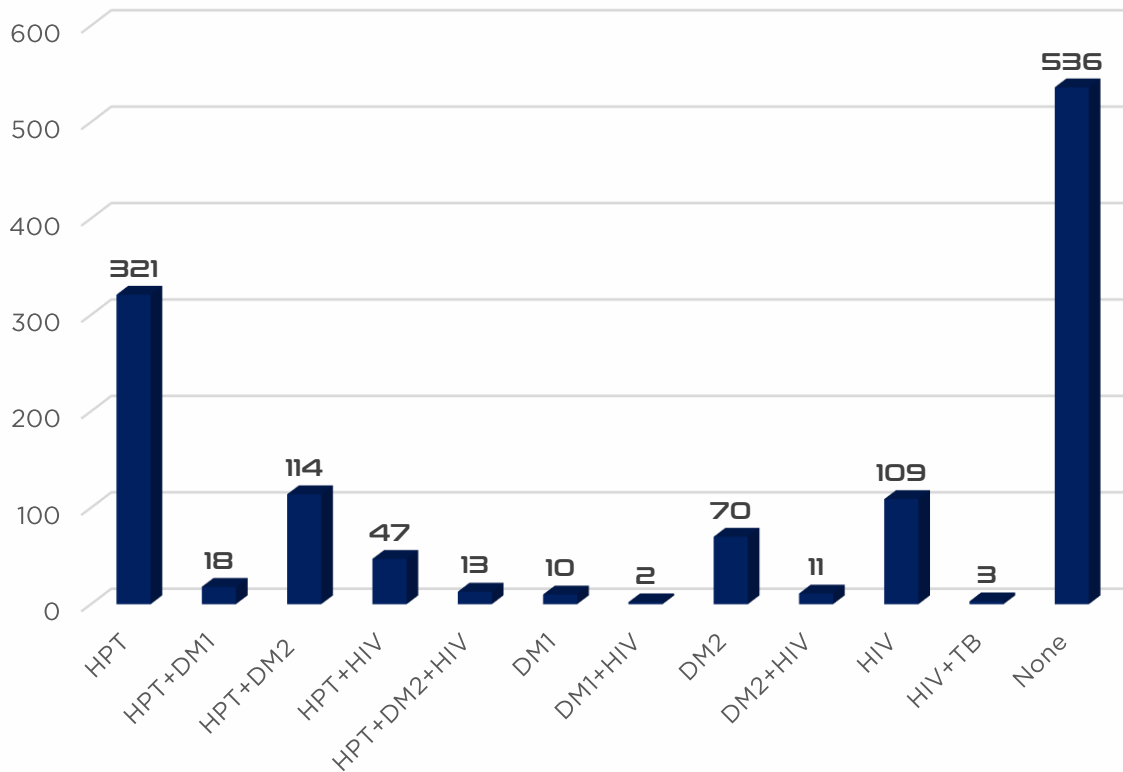
If you suffer from Hypertension, Diabetes or HIV and you test positive for Covid-19

YOU ARE AT SEVERE RISK!



**PLATINUM
HEALTH**

Covid-19 Admissions per Condition



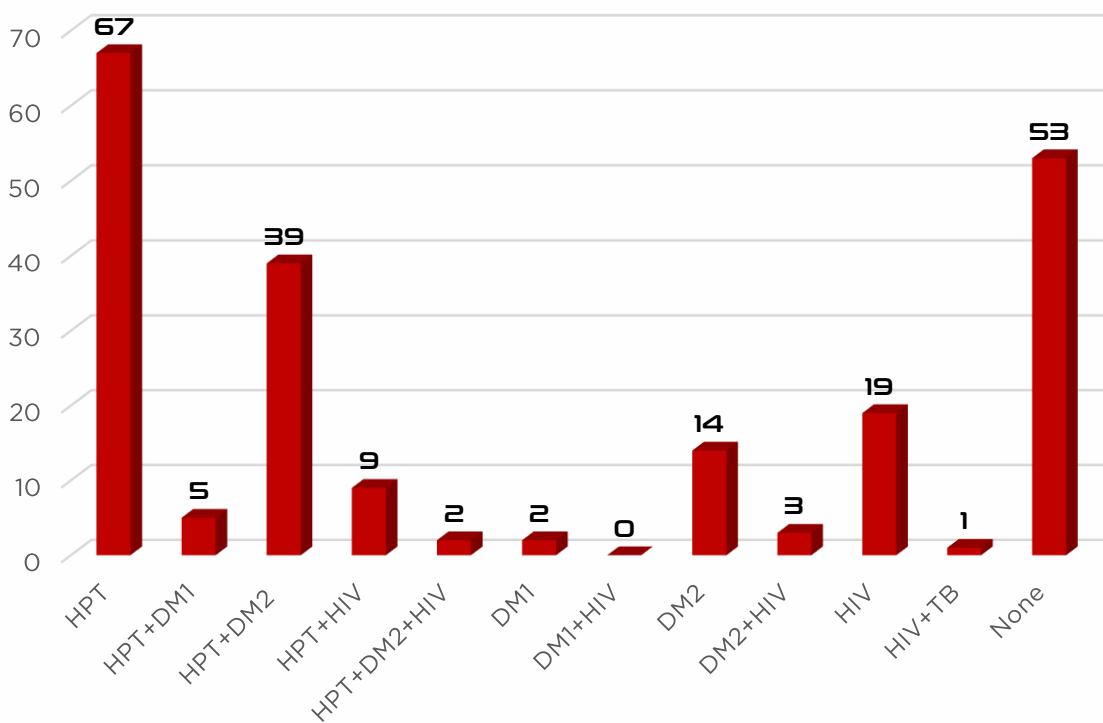
Since the start of the Covid-19 pandemic:

- A total of 1 254 members have been admitted to hospital as a result of Covid-19 related symptoms.
- Only 536 members that were admitted had no chronic medical condition.
- 718 Covid-19 patients admitted had a condition (Hypertension, Diabetes Type 1 or Type 2, HIV and TB).
- 208 Covid-19 patients admitted had more than one condition.

Breakdown of the number of Covid-19 patients with the following conditions:

Condition	No of Patients
Hypertension	513
Diabetes 1 and 2	238
HIV	185
TB	3

Covid-19 Deaths per Condition



- A total of 214 patients have died as a direct result of Covid-19 related symptoms.
- Only 53 patients that died had no conditions.
- 161 Covid-19 patients that died had a comorbidity (Hypertension, Diabetes Type 1 or Type 2, HIV and TB).
- 59 Covid-19 patients that died had more than one condition.

The number of Covid-19 patients with the following conditions who died were:

Condition	No of Patients
Hypertension	122
Diabetes Type 1 & 2	65
HIV	25

The above analysis of Covid-19 admissions and deaths highlights that patients with hypertension and diabetes type 1 and 2, are by far at greatest risk if they become infected with Covid-19. The majority of HIV patients admitted to hospital as well as those who died were either not on Anti-Retroviral Treatment (ART) or were not viral load suppressed.

What should patients with these conditions do?

- **Ensure you are on treatment** and that you take your medication as prescribed by your doctor.
- **Urgently vaccinate or get the booster shot if you qualify:**
 - J&J boosters are due after 60 days (2 months) from first dose.
 - Pfizer boosters are due 180 days (6 months) after second dose.
- Strictly adhere to Covid-19 prevention measures:
 - **Wear a mask / Wash/sanitise hands often / Avoid gatherings**