

PLATINUM HEALTH MEMBERS

are encouraged to take vitamin supplements



PLATINUM HEALTH

The health and safety of all Platinum Health (PH) members remains key, especially with the increased number of infected individuals with COVID-19. The possibility of a third COVID-19 wave in the coming months makes it all the more important for members to ensure their immune system is boosted before winter-time.

PH therefore encourages members to take vitamin supplements that will help minimise the severity of COVID-19 if infected.

The recommended combinations of multi vitamins include Vitamin B Complex, Vitamin D, Vitamin C and Zinc.

Members can access the vitamin supplements through Platinum Health Pharmacies.

Members who are out of area, and not close to a Platinum Health owned pharmacy, can obtain vitamin supplements from any Dischem, Clicks or Medirite Pharmacies.

