

# Why you should vaccinate against Covid-19



PLATINUM  
HEALTH

Platinum Health (PH) is very concerned about the fact that, to date, only 72% of principal members and 45% of dependants have been vaccinated against Covid-19.

If you still have doubts about getting vaccinated, consider the following reasons why you should get vaccinated:

**For people suffering from comorbidities, Covid-19 can prove fatal. If you're at high risk from the disease, getting vaccinated could save your life.** Science confirms that the Covid-19 vaccine reduces a person's risk of getting seriously ill, or being hospitalised, should they become infected.

## To restore society to normal

Who is not tired of lockdowns and restrictions? Everyone probably is. However, for these measures to be lifted and for society to return to normal, it is important to get vaccinated so as to prevent spreading the virus when we fully start interacting with one another again.

According to medical experts, a vaccine is the best and only way to return to life as "normal," or closer to what it was before COVID-19.

While it is taking time to roll out vaccines to everyone globally, **every individual vaccinated is a step in the right direction, even as people continue to follow the safety precautions.**

## To protect future generations

Over the course of history, humanity has had to coexist with many debilitating and life-threatening diseases that are now rare thanks to childhood vaccination programmes.

The Covid-19 pandemic provides a dramatic example of the devastating global effect that a single disease can have in the absence of a vaccine.

Immunising ourselves and our children against infectious diseases today is an invaluable gift to future generations. Suppressing diseases in the present will allow people in the future to live longer and healthier lives.