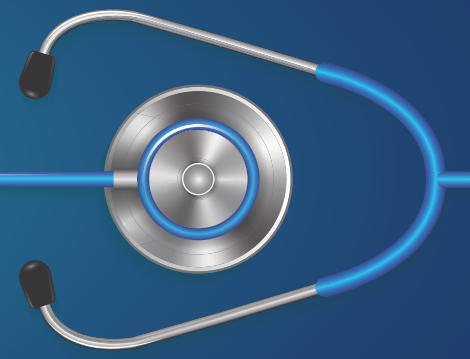


Platinum Health Page



ALL ABOUT YOUR BRAIN

The brain is the most complex part of the human body. It is the seat of intelligence, interpreter of the senses, initiator of body movement, and controller of behaviour.

To view interesting facts about your brain and tips to keep your brain healthy,

[Click here](#)

AUTISM

Autism spectrum disorder (ASD) affects how people interact with other people and communicate. Autism begins in early childhood and eventually causes problems functioning in society – socially, in school and at work.

To learn more about its symptoms and treatment,

[Click here](#)



Remember to register your SPOUSE AS DEPENDANT

If you recently got married, whether through a civil or customary marriage, it is important to remember to register your spouse with Platinum Health (PH) to ensure that your spouse enjoys the full benefits he/she deserves.

To find out how you can register your spouse as dependant,

[Click here](#)

GRIEF

Grief is a natural response to loss. It's the emotional suffering you feel when something or someone you love is taken away. The more significant the loss, the more intense your grief will be.

To find out more about the grieving process and how to overcome it,

[Click here](#)



Remember to

UPDATE YOUR CONTACT DETAILS

Platinum Health continuously communicates with members via SMS, email, or postal mail and therefore it is imperative for members to keep their details updated.

[Click here](#)

to find out how you can update your contact details.



PLATINUM HEALTH