

Platinum Health Page



Platinum Health (PH) continuously strives for

SERVICE EXCELLENCE

Providing first-class service to our members has always been Platinum Health's top priority. One such project we embarked on to improve service delivery, was the distribution of tax certificates.



[Click here](#)

to find out more

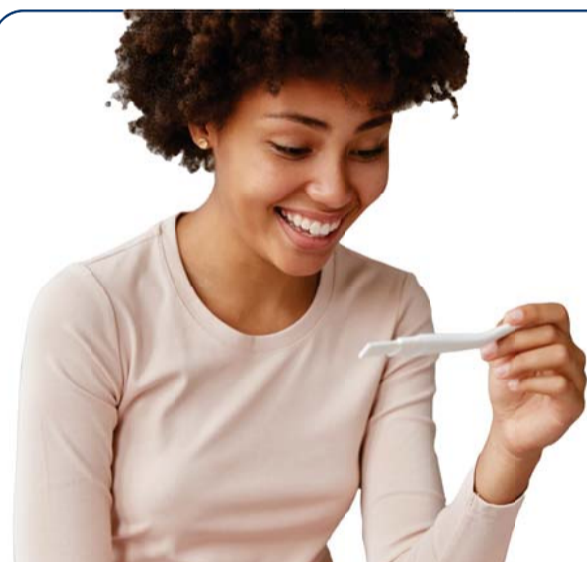


GETTING TO GRIPS WITH WOMEN'S HEALTH

August is Women's Month and in honour of the fairer sex we bring you the key health issues faced by women.

[Click here](#)

to find out more about cancer awareness, obesity, the nutrients all women need and the health check women should get.



Just found out you are pregnant?

REMEMBER TO REGISTER ON THE

MATERNITY PROGRAMME

After you've confirmed your pregnancy, it is very important that you register on the Maternity Programme so that you and your baby can enjoy the benefits you deserve.

[Click here](#)

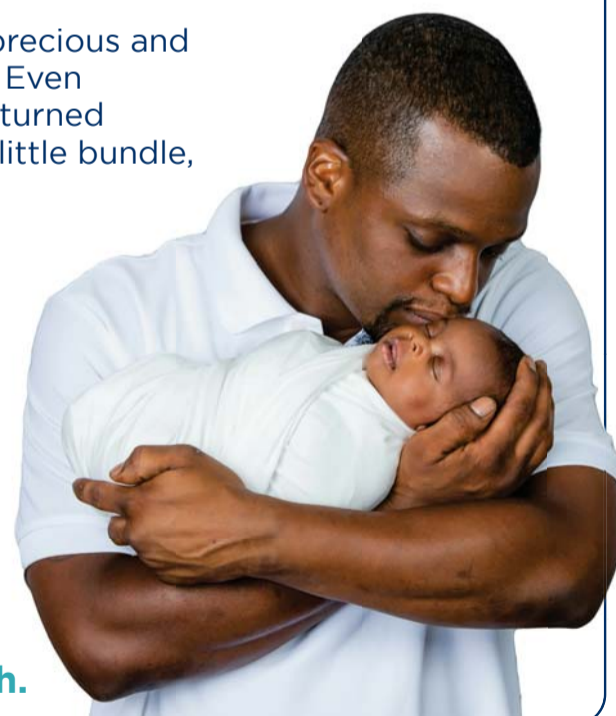
to find out how to register on the Maternity programme.

Remember to register your NEW-BORN BABY as DEPENDANT

Having a new baby is a precious and special time in one's life. Even though your life may be turned upside down due to the little bundle, it is important to remember that you need to register your new-born with Platinum Health to ensure your baby receives the benefits he/she deserves.

[Click here](#)

to find out how to register your baby with Platinum Health.



BEREAVEMENT OVERLOAD COPING WITH CUMULATIVE GRIEF

Bereavement overload may arise when you experience multiple losses in a short period of time. When you are aware of what bereavement overload is, its symptoms and how you can cope, you can begin to process your grief and move forward.

For more information and where to get help,

[Click here](#)



PLATINUM HEALTH