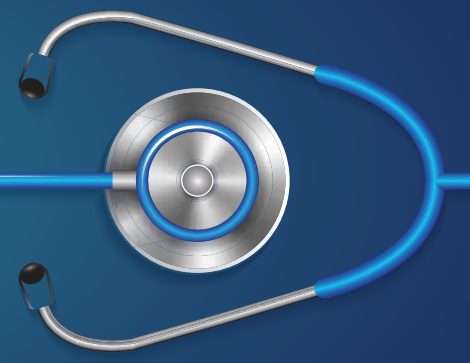
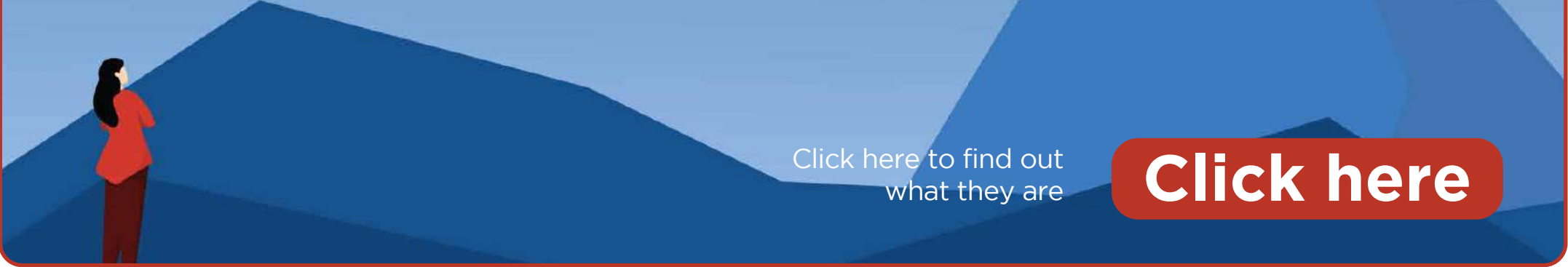


Platinum Health Page



Kick off 2024 by creating SMART goals for work, family and finances

Goals can help you become who you want to be, provide stability and drive you. You can create SMART goals for work, family and finances by following specific guidelines.



[Click here to find out what they are](#)

[Click here](#)

Is your child dependant studying away from home?

If your child dependant is studying away from home, you need to notify Platinum Health of your child's new residential address.

[Click here](#)

To find out why and who to contact for assistance.



Remember to register your SPOUSE as dependant

If you recently got married, whether through a civil or customary marriage, it is important to remember to register your spouse with Platinum Health (PH) to ensure that your spouse enjoys the full benefits he/she deserves.

[Click here](#)

To find out how you can register your spouse as dependant.



When to obtain AUTHORISATION from Platinum Health

It is important for Platinum Health (PH) members to note that authorisation has to be obtained from the scheme prior to any in-and-out of hospital procedures or medical admissions, specialist consultations (excluding PlatFreedom), specialised radiological investigations such as MRI, CT and PET scans and managed-care programmes such as maternity, cancer and oncology, kidney disease, HIV and oxygen management.

[Click here](#)

To find out more about the process to follow when requesting authorisation from the scheme, [click here](#)

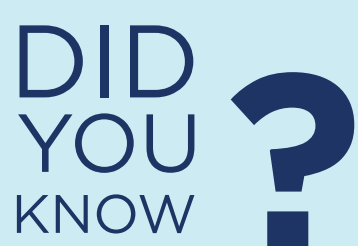


PLATINUM HEALTH Important Contact Details

Do you need assistance from Platinum Health but you are not sure who to contact?

[Click here](#)

[Click here to view important contact details.](#)



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