Platinum Health Page



Remember to register your NEV-BORNBABY as DEPENDANT

Having a new baby is a precious and special time in one's life. Even though your life may be turned upside down due to the little bundle, it is important to remember that you need to register your new-born with Platinum Health to ensure your baby receives the benefits he/she deserves.

Click here for more information on how to register your baby with Platinum Health.

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Trauma

If you have recently dealt with a traumatic event, you might be worried that you're going to feel miserable indefinitely.

While it can certainly take some time to feel fully happy and healthy again, there are many steps you can take to help you move forward. Know that you will indeed be fine again and that you have the power to make your healing journey an effective one.





Men's health awareness **PROSTATE CANCER**

It is estimated that 1 in 18 South African men will develop Prostate Cancer. Prostate cancer is one of the leading cancers in men worldwide and is the number two cause of cancer deaths among men in South Africa.



for signs, symptoms and how to reduce the risk.

