

# Platinum Health Page



## ARE YOU RETIRING SOON?

Here's what you need to do to continue membership with Platinum Health

If you are at retirement age as per your employer agreement, you and your dependents can stay on Platinum Health as continuation members.

Once you have taken the decision to go on retirement, you need to notify the scheme whether you want to continue membership with Platinum Health or terminate membership by completing the Confirmation of medical form. This can be obtained from any of our Client Liaison offices, or you can download it from our website.

To find out the process to follow and who to contact,

[Click here](#)



## BREAST CANCER

Breast cancer is a malignant growth that begins in the tissues of the breast. Most women are diagnosed with breast cancer between the ages of 50 and 70.

However, it can occur in younger women and all breast masses should be investigated. The earlier breast cancer is diagnosed, the more treatment options there are available, and the greater the chance of long-term survival.

To read more on the matter and specifically how to do a breast self-examination

[Click here](#)



## Can a CHILD DEPENDANT remain on Platinum Health upon reaching the age of 21?

Reaching the age of 21 years is an exciting time for both parents and children alike, however; the question arises as to whether the child can remain as a dependant on Platinum Health (PH).

To find out what the Scheme Rules stipulate,

[Click here](#)



## What is absenteeism?



In simple terms, absenteeism arises when an employee is absent regularly for no apparent reason. This does not include paid leave or unpredictable personal issues. It's a mistake to think that absenteeism is always a product of laziness or employees who try to get out of work whenever they can. For this article we focus on the mental health aspects contributing to absenteeism.

To read more

[Click here](#)



PLATINUM HEALTH