Platinum -Health Page



We want to encourage our members to utilise the services of Primary Health Care Nurses (PHCN) available at all Platinum Health medical facilities.

Click here

to find out how you can benefit by consulting with a PHCN.

Covid-19 cases are rising

Protect yourself. GET the Covid-19



at any vaccination site and Platinum Health will cover the costs!

Protect yourself from

If you live in, or plan to travel to a malaria infected area, it's important to protect yourself.





GRIEF

The Covid-19 pandemic has impacted our lives in many ways. During this time, you may be experiencing a range of emotions, such as feeling anxious, sad, depressed, angry or lonely.

Some of these feelings may be signs of grief. Every time we have loss, we grieve. We often don't think of it that way, as grief tends to be more associated with death, dying, mourning or bereavement.

To find out more about grief and how to cope with it,

Click here

Just got married?

Getting married is an exciting time in one's life and whether you are married through a civil or customary marriage, it is important to remember to register your spouse with Platinum Health (PH) to ensure that your spouse enjoys the full benefits he/she deserves.

PLATINUM **Click here** to find out how to register your spouse. HEALTH